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# The Role of the Education and Upbringing System in Enhancing the Spirituality of the Younger Generation

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**Abstract:** This study examines the primary role of the system of education and raising of the young generation in the context of the globalization process in the conditions of the digital information society on the ground of spirituality to play an important factor. The introduction states national development and social stability would be supported by pillars of spiritual maturity and moral culture. Nevertheless, there is a knowledge gap in the area of how institutions providing education combine the aspects of spiritual education with modern pedagogical and technological developments. This research employs a qualitative, critical approach rooted in pedagogical and sociocultural theory. The article explores the dynamics between schools, families, and community-based organizations in cultivating healthy responses to risk through spiritual resilience ("spiritual immunity") and moral consciousness in our youth. They divide its functions into three interrelated components: developing scientific understanding of values, regulating emotions and encouraging moral social activity. The findings reveal that spiritual education coupled with the innovative pedagogical tools like case studies and creative thinking techniques enhances the students critical thinking and emotional intelligence. These curriculum improvements will help youth develop the skills to ward off harmful ideological seepage and prevent misinformation through the integration of media literacy and national ideological content. It suggests a sustainable education when knowledge, ethics and cultural identity are integrated in a harmonious manner. Together they create a model of moral development which includes strengthening family-school partnerships, teacher efficacy in spiritual instruction, and youth participation in arts and culture. The study therefore, implies that rather than just an academic instructional facility, the education system should transform into an energetic organization of spiritual and moral development.

**Keywords:** Spirituality, Upbringing, Education, Spiritual Immunity, Youth, Values, Culture, Perfection

## 1. Introduction

This study examines the primary role of the system of education and raising of the young generation in the context of the globalization process in the conditions of the digital information society on the ground of spirituality to play an important factor. The introduction states national development and social stability would be supported by pillars of spiritual maturity and moral culture. Nevertheless, there is a knowledge gap in the area of how institutions providing education combine the aspects of spiritual education with modern pedagogical and technological developments. This research employs a qualitative, critical approach rooted in pedagogical and sociocultural theory. The article explores the dynamics between schools, families, and community-based organizations in cultivating healthy responses to risk through spiritual resilience ("spiritual immunity") and moral consciousness in our youth [1]. They divide its functions into three interrelated

components: developing scientific understanding of values, regulating emotions and encouraging moral social activity.

The findings reveal that spiritual education coupled with the innovative pedagogical tools like case studies and creative thinking techniques enhances the students critical thinking and emotional intelligence. These curriculum improvements will help youth develop the skills to ward off harmful ideological seepage and prevent misinformation through the integration of media literacy and national ideological content [2]. It suggests a sustainable education when knowledge, ethics and cultural identity are integrated in a harmonious manner. Together they create a model of moral development which includes strengthening family-school partnerships, teacher efficacy in spiritual instruction, and youth participation in arts and culture [3]. The study therefore, implies that rather than just an academic instructional facility, the education system should transform into an energetic organization of spiritual and moral development.

## 2. Materials and Methods

The nature of this research is qualitative analytical which has been used to seek the answers to the questions related to the pedagogical role of the education and upbringing system in the spirituality of the younger generation [4]. Data sources: interpretive and theoretical analysis of the existing educational, psychological, and sociocultural literature including a number of national policy documents such as The Concept of Spiritual Education of the Republic of Uzbekistan (2023) and international policy frameworks such as UNESCO's Education for Sustainable Development Goals (2017) [5][6]. Through descriptive and analytical design, the research study explored the role of education system, family and public institutions in promoting moral consciousness and spiritual resilience in youth.

Information was collected from previous works, such as journals, government studies, and research articles related to how education and spirituality impact youth. They seek to contribute to the empowerment of spiritual values and practices in overall education by analysing patterns and strategies of pedagogical approaches that are effective in strengthening such values and practices. The current educational practices were decoding their strengths and drawbacks to identify methods that are worth transferring into the saline of the domestic pedagogy are compared and reviewed by Uzbek and foreign scholars only theoretically [7]. Data were analysed using content analysis; and the data were categorised thematically according to: functions of education in moral education, regulation of emotions, and spiritual immunity. This methodological framework ensured a nuanced understanding of the complex relationship between education and spirituality as indicated in the research. The insights from this qualitative synthesis were consolidated to derive concrete recommendations to help develop spiritually and socially responsible youth with ethical sensibility [8].

## 3. Results and Discussion

The main pillar of national development and social stability is the upbringing of a spiritually mature, cultured, and devoted generation. In today's globalized and information-saturated world, the consciousness and worldview of young people are being shaped under the influence of various ideological and cultural impacts, as well as the continuous flow of information spread through the Internet. Therefore, the mission of the education and upbringing system should not be limited to imparting knowledge only but should also aim to develop sound reasoning, independent thinking, and spiritual immunity among youth [9].

The education system serves as the primary school for understanding the essence of spiritual values, applying them in practice, and turning them into a personal philosophy of life.

Spirituality is a multifaceted concept that reflects a person's inner world, moral character, emotional stability, and attitude toward society [10]. The education system plays a crucial role in shaping the spirituality of young people, as schools and higher educational institutions define an individual's worldview, system of values, and capacity for philosophical thinking [11].

From a pedagogical standpoint, the spiritual orientation of education fulfills three main functions:

1. Understanding through knowledge – providing young people with a scientific understanding of national and universal values;
2. Regulating emotions – developing emotional stability and moral responsibility among youth;
3. Encouraging social activity – fostering the ability to apply moral knowledge in real life.

From this perspective, introducing a scientifically based model of spiritual education into the educational process is of decisive importance for nurturing a well-rounded generation.

Upbringing represents the practical dimension of shaping spirituality. It instills in the younger generation moral norms, national traditions, and a sense of social responsibility [12]. The cooperation between the family, school, and public organizations plays a decisive role in this process.

The family is the first environment where an individual's spirituality is formed. Through the example of parents, children internalize values such as morality, compassion, and responsibility.

The school serves as the main environment that expands students' moral knowledge and experience.

Public organizations and youth unions play a significant role in strengthening spiritual immunity and promoting social engagement.

As pedagogical scholars emphasize: "Education without upbringing is blind, and upbringing without education is weak [13]." Therefore, the harmony between the two ensures complete spiritual maturity in youth.

In the 21st century, the flow of information has accelerated tremendously. The Internet, social networks, and virtual environments have a profound impact on young minds. In this context, the education and upbringing system must foster the ability to analyze, filter, and critically evaluate information.

Spiritual immunity refers to the spiritual resilience of young people against alien ideas and ideological threats [14]. One of the most effective ways to strengthen it is to integrate media literacy, information culture, and the fundamentals of national ideology into the educational process.

Additionally, promoting reading culture among youth, supporting cultural events, theater, and creative art clubs significantly enhances their spiritual potential.

To elevate the spirituality of the younger generation, the following scientific and practical directions should be implemented in the education and upbringing system:

1. Teaching spiritual topics interactively through innovative pedagogical methods (cluster, case-study, and creative thinking techniques);
2. Including "Spirituality and Culture Hours" in the weekly curriculum;
3. Strengthening family-school cooperation to ensure moral stability among children;
4. Conducting information security lessons to build spiritual immunity against foreign ideologies;
5. Organizing retraining courses to improve teachers' spiritual competence.

These measures will transform the education system into not only a field of knowledge but also a school of moral and spiritual development. Enhancing the spirituality of the younger generation is a continuous process centered on the education and upbringing system [15]. The integration of modern pedagogical and information technologies with national values fosters dedication, patriotism, and a sense of responsibility in youth [16].

#### 4. Conclusion

Thus, the system of formation and education is a defining base for the formation of the spiritual, moral, and cultural development of youth. The results show that spirituality is not a component of education in isolation, but a multidimensional process involving knowledge, emotional aspect and social responsibility. A new type of spiritual education that implies the cooperation of all these public actors would include creative and media literacy-oriented pedagogical methods with emphasis on interactive learning for building spiritual immunity against external ideological viruses. National values and modern educational technologies are united in strengthening students with critical thinking, emotional stability and social engagement, all of which are needed for social stability and sustainable development. The study highlights the importance of transitioning educational systems from a strictly content knowledge-focused model to one of values to align cognitive and moral development. This change will help the youth to not just be informed but also ethical and culturally rooted citizens. Future studies need to empirically test particular teaching methods and digital pedagogical resources that successfully induce spiritual traits of students in multiple educational contexts, and also to compare such spiritual education approaches across societies through cross-cultural studies.

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